



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Hörning, Jürgen

Club: TSV Langeoog
Number: 639

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 1:16:41

Speed: 7.04 km/h
Running performance: 7:59 min/km

Rank in course/Total: 189 (of 193)

Rank in course/Men: 133 (of 136)

Best time in course: 33:44

Rank in category: 5(of 6)

Best time in the category: 53:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	6.30	55:19	8:46	5	18:19	132	32:19	6.30	55:19	8:46	5	18:19	132	32:19
Ilseburg/Markt	3.30	21:22	6:28	5	5:12	128	11:05	9.60	1:16:41	7:59	5	23:31	133	42:57