



46. Brockenlauf
Ilsenburg / 03.09.2016

Detailed evaluation

Kiehne, Manfred

Club: Ilsenberg
Number: 812

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M70 (70-74 Jahre)

Total time: 1:22:40

Speed: 6.97 km/h
Running performance: 8:37 min/km

Rank in course/Total: 192 (of 193)

Rank in course/Men: 135 (of 136)

Best time in course: 33:44

Rank in category: 7(of 7)

Best time in the category: 49:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Loddenke	6.30	fehlt!	-	-	-	-	-	6.30	-	-	-	-	-	-	-
Ilsenburg/Markt	3.30	1:22:40	25:03	7	1:08:01	136	1:12:23	9.60	1:22:40	8:36	7	33:00	135	48:56	