



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Wagner, Ralf

Club: Sonnenracker
Number: 798

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:34:38

Speed: 5.71 km/h
Running performance: 9:52 min/km

Rank in course/Total: 193 (of 193)

Rank in course/Men: 136 (of 136)

Best time in course: 33:44

Rank in category: 11(of 11)

Best time in the category: 48:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	6.30	1:04:10	10:11	11	30:24	134	41:10	6.30	1:04:10	10:11	11	30:24	134	41:10
Ilseburg/Markt	3.30	30:28	9:13	11	16:14	134	20:11	9.60	1:34:38	9:51	11	46:38	136	1:00:54