



46. Brockenlauf  
Ilseburg / 03.09.2016

Detailed evaluation

Hedderich, Thomas

Club: NSV Wernigerode  
Number: 445

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 1:55:44

Speed: 13.48 km/h  
Running performance: 4:25 min/km

Rank in course/Total: 6 (of 529)

Rank in course/Men: 6 (of 447)

Best time in course: 1:39:39

Rank in category: 2(of 30)

Best time in the category: 1:39:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
Loddenke	3.30	14:00	4:14	2	4	4:23	4	3.30	14:00	4:14	2	4	4:23	4
Schlüsie	3.10	15:54	5:07	1	-	5	2:04	6.40	29:54	4:40	2	4	3:50	4
Hermannsklippe	2.60	13:38	5:14	2	6	1:57	1:57	9.00	43:32	4:50	2	4	5:42	4
Brocken	3.10	21:13	6:50	2	7	2:58	2:58	12.10	1:04:45	5:21	2	5	8:40	8:40
Eiserner Handwe	3.60	14:28	4:01	3	12	1:58	1:58	15.70	1:19:13	5:02	2	7	10:38	10:38
Schlüsie	4.10	13:08	3:12	2	7	0:42	0:44	19.80	1:32:21	4:39	2	7	11:20	11:20
Loddenke	3.10	11:02	3:33	2	5	0:42	0:42	22.90	1:43:23	4:30	2	4	12:02	12:02
Ilseburg/Markt	3.30	12:21	3:44	2	5	4:03	4:03	26.20	1:55:44	4:25	2	6	16:05	16:05