



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Müller, Holger

Club: Braunschweig
Number: 357

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:59:41

Speed: 13.03 km/h
Running performance: 4:34 min/km

Rank in course/Total: 11 (of 529)

Rank in course/Men: 11 (of 447)

Best time in course: 1:39:39

Rank in category: 2(of 50)

Best time in the category: 1:56:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	14:06	4:16	2	0:02	7	4:29	3.30	14:06	4:16	2	0:02	7	4:29
Schlüsie	3.10	16:32	5:20	2	0:39	12	2:42	6.40	30:38	4:47	2	0:41	9	4:34
Hermannsklippe	2.60	13:57	5:21	2	0:21	11	2:16	9.00	44:35	4:57	2	1:02	9	6:45
Brocken	3.10	21:50	7:02	2	0:53	11	3:35	12.10	1:06:25	5:29	2	1:55	9	10:20
Eiserner Handwe	3.60	14:31	4:01	2	0:40	13	2:01	15.70	1:20:56	5:09	2	2:35	9	12:21
Schlüsie	4.10	14:11	3:27	2	0:55	17	1:47	19.80	1:35:07	4:48	2	3:30	10	14:06
Loddenke	3.10	11:38	3:45	1	-	13	1:18	22.90	1:46:45	4:39	2	3:20	10	15:24
Ilseburg/Markt	3.30	12:56	3:55	1	-	13	4:38	26.20	1:59:41	4:34	2	2:47	11	20:02