



46. Brockenlauf  
Ilseburg / 03.09.2016

Detailed evaluation

Brudel, Stefan

Club: Weimar  
Number: 381

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 2:00:58

Speed: 12.90 km/h  
Running performance: 4:37 min/km

Rank in course/Total: 14 (of 529)

Rank in course/Men: 14 (of 447)

Best time in course: 1:39:39

Rank in category: 4(of 59)

Best time in the category: 1:54:51

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	14:00	4:14	1	-	4	4:23	3.30	14:00	4:14	1	-	4	4:23
Schlüsie	3.10	16:09	5:12	1	-	6	2:19	6.40	30:09	4:42	1	-	6	4:05
Hermannsklippe	2.60	14:12	5:27	3	0:31	15	2:31	9.00	44:21	4:55	2	0:23	8	6:31
Brocken	3.10	23:57	7:43	5	3:31	28	5:42	12.10	1:08:18	5:38	4	3:07	15	12:13
Eiserner Handwe	3.60	14:37	4:03	3	1:16	17	2:07	15.70	1:22:55	5:16	4	4:23	14	14:20
Schlüsie	4.10	13:54	3:23	3	1:13	12	1:30	19.80	1:36:49	4:53	4	5:36	15	15:48
Loddenke	3.10	11:14	3:37	2	0:27	7	0:54	22.90	1:48:03	4:43	2	4:38	12	16:42
Ilseburg/Markt	3.30	12:55	3:54	4	0:47	12	4:37	26.20	2:00:58	4:37	4	6:07	14	21:19