



46. Brockenlauf  
Ilseburg / 03.09.2016

Detailed evaluation

Schultz, Heiner

Club: ESV 49 Angermünde -Die Lokvögel-  
Number: 344

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 2:02:30

Speed: 12.73 km/h  
Running performance: 4:41 min/km

Rank in course/Total: 17 (of 529)

Rank in course/Men: 17 (of 447)

Best time in course: 1:39:39

Rank in category: 1(of 58)

Best time in the category: 2:02:30

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	15:05	4:34	1	-	18	5:28	3.30	15:05	4:34	1	-	18	5:28
Schlüsie	3.10	16:50	5:25	1	-	16	3:00	6.40	31:55	4:59	1	-	16	5:51
Hermannsklippe	2.60	14:11	5:27	1	-	14	2:30	9.00	46:06	5:07	1	-	16	8:16
Brocken	3.10	22:44	7:19	1	-	17	4:29	12.10	1:08:50	5:41	1	-	17	12:45
Eiserner Handwe	3.60	14:51	4:07	1	-	23	2:21	15.70	1:23:41	5:19	1	-	17	15:06
Schlüsie	4.10	14:12	3:27	1	-	18	1:48	19.80	1:37:53	4:56	1	-	18	16:52
Loddenke	3.10	11:33	3:43	1	-	10	1:13	22.90	1:49:26	4:46	1	-	16	18:05
Ilseburg/Markt	3.30	13:04	3:57	1	-	17	4:46	26.20	2:02:30	4:40	1	-	17	22:51