



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Baecke, Sebastian

Club: Riemer-MTC
Number: 552

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:09:32

Speed: 12.04 km/h
Running performance: 4:56 min/km

Rank in course/Total: 26 (of 529)

Rank in course/Men: 26 (of 447)

Best time in course: 1:39:39

Rank in category: 4(of 50)

Best time in the category: 1:56:54

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Loddenke	3.30	15:59	4:50	6	1:55	36	6:22	3.30	15:59	4:50	6	1:55	36	6:22
Schlüsie	3.10	17:14	5:33	4	1:21	22	3:24	6.40	33:13	5:11	4	3:16	24	7:09
Hermannsklippe	2.60	15:13	5:51	4	1:37	28	3:32	9.00	48:26	5:22	4	4:53	24	10:36
Brocken	3.10	23:35	7:36	3	2:38	24	5:20	12.10	1:12:01	5:57	4	7:31	24	15:56
Eiserner Handwe	3.60	15:26	4:17	4	1:35	34	2:56	15.70	1:27:27	5:34	4	9:06	25	18:52
Schlüsie	4.10	15:03	3:40	4	1:47	40	2:39	19.80	1:42:30	5:10	4	10:53	25	21:29
Loddenke	3.10	12:47	4:07	7	1:09	46	2:27	22.90	1:55:17	5:02	4	11:52	24	23:56
Ilseburg/Markt	3.30	14:15	4:19	8	1:19	59	5:57	26.20	2:09:32	4:56	4	12:38	26	29:53