



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Brüchner, Jörg

Club: Berlin
Number: 174

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:09:44

Speed: 12.02 km/h
Running performance: 4:57 min/km

Rank in course/Total: 27 (of 529)

Rank in course/Men: 27 (of 447)

Best time in course: 1:39:39

Rank in category: 5(of 75)

Best time in the category: 1:57:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:37	5:02	10	2:10	62	7:00	3.30	16:37	5:02	10	2:10	62	7:00
Schlüsie	3.10	18:11	5:51	5	2:21	33	4:21	6.40	34:48	5:26	6	4:31	42	8:44
Hermannsklippe	2.60	15:11	5:50	4	1:41	26	3:30	9.00	49:59	5:33	5	6:12	34	12:09
Brocken	3.10	22:51	7:22	3	1:35	19	4:36	12.10	1:12:50	6:01	4	7:47	27	16:45
Eiserner Handwe	3.60	14:58	4:09	4	1:29	28	2:28	15.70	1:27:48	5:35	4	9:16	26	19:13
Schlüsie	4.10	14:49	3:36	6	1:52	31	2:25	19.80	1:42:37	5:10	4	11:08	26	21:36
Loddenke	3.10	12:59	4:11	12	1:47	61	2:39	22.90	1:55:36	5:02	5	12:09	26	24:15
Ilseburg/Markt	3.30	14:08	4:16	9	1:28	47	5:50	26.20	2:09:44	4:57	5	12:02	27	30:05