



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Eberhard, Jürgen

Club: SV Werder Bremen
Number: 66

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:11:50

Speed: 11.83 km/h
Running performance: 5:02 min/km

Rank in course/Total: 33 (of 529)

Rank in course/Men: 32 (of 447)

Best time in course: 1:39:39

Rank in category: 4(of 85)

Best time in the category: 1:59:41

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	15:01	4:33	2	0:24	17	5:24	3.30	15:01	4:33	2	0:24	17	5:24
Schlüsie	3.10	17:57	5:47	3	1:20	27	4:07	6.40	32:58	5:09	3	1:44	23	6:54
Hermannsklippe	2.60	15:46	6:03	6	1:31	40	4:05	9.00	48:44	5:24	3	3:15	27	10:54
Brocken	3.10	25:45	8:18	11	3:01	60	7:30	12.10	1:14:29	6:09	3	6:07	31	18:24
Eiserner Handwe	3.60	14:46	4:06	3	0:11	22	2:16	15.70	1:29:15	5:41	3	6:18	31	20:40
Schlüsie	4.10	14:57	3:38	6	1:06	37	2:33	19.80	1:44:12	5:15	3	7:24	31	23:11
Loddenke	3.10	12:47	4:07	11	1:47	46	2:27	22.90	1:56:59	5:06	3	9:11	29	25:38
Ilseburg/Markt	3.30	14:51	4:30	18	2:58	88	6:33	26.20	2:11:50	5:01	4	12:09	32	32:11