



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Glüber, Michael

Club: LT Speeketze Marbach
Number: 395

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:12:49

Speed: 11.75 km/h
Running performance: 5:04 min/km

Rank in course/Total: 36 (of 529)

Rank in course/Men: 35 (of 447)

Best time in course: 1:39:39

Rank in category: 6(of 75)

Best time in the category: 1:57:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:39	5:02	11	2:12	66	7:02	3.30	16:39	5:02	11	2:12	66	7:02
Schlüsie	3.10	18:40	6:01	6	2:50	47	4:50	6.40	35:19	5:31	9	5:02	55	9:15
Hermannsklippe	2.60	15:47	6:04	8	2:17	42	4:06	9.00	51:06	5:40	7	7:19	46	13:16
Brocken	3.10	23:54	7:42	5	2:38	27	5:39	12.10	1:15:00	6:11	6	9:57	33	18:55
Eiserner Handwe	3.60	16:22	4:32	12	2:53	76	3:52	15.70	1:31:22	5:49	7	12:50	35	22:47
Schlüsie	4.10	15:16	3:43	8	2:19	45	2:52	19.80	1:46:38	5:23	6	15:09	35	25:37
Loddenke	3.10	12:33	4:02	7	1:21	35	2:13	22.90	1:59:11	5:12	6	15:44	35	27:50
Ilseburg/Markt	3.30	13:38	4:07	4	0:58	27	5:20	26.20	2:12:49	5:04	6	15:07	35	33:10