



# 46. Brockenlauf Ilseburg / 03.09.2016

## Detailed evaluation

Zimmermann, Silke

Club: LG Ihleläufer Burg  
Number: 438

Course: 26.20 km  
26,2 km - Lauf

Category:  
Frauen (20-29 Jahre)

Total time: 2:12:50

Speed: 11.83 km/h  
Running performance: 5:04 min/km

Rank in course/Total: 37 (of 529)

Rank in course/Women: 2 (of 82)

Best time in course: 2:09:50

Rank in category: 2(of 8)

Best time in the category: 2:09:50

## Intermediate times

## Stage score

## Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women | Total<br>km | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women |
|-----------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
| Loddenke        | 3.30        | 15:18         | 4:38            | 1           | -              | 1            | -               | 3.30        | 15:18         | 4:38            | 1           | -              | 1            | -               |
| Schlüsse        | 3.10        | 18:14         | 5:52            | 2           | 0:07           | 2            | 0:07            | 6.40        | 33:32         | 5:14            | 1           | -              | 1            | -               |
| Hermannsklippe  | 2.60        | 15:43         | 6:02            | 1           | -              | 1            | -               | 9.00        | 49:15         | 5:28            | 1           | -              | 1            | -               |
| Brocken         | 3.10        | 25:27         | 8:12            | 1           | -              | 1            | -               | 12.10       | 1:14:42       | 6:10            | 1           | -              | 1            | -               |
| Eiserner Handwe | 3.60        | 15:34         | 4:19            | 2           | 1:32           | 4            | 1:32            | 15.70       | 1:30:16       | 5:44            | 1           | -              | 1            | -               |
| Schlüsse        | 4.10        | 15:16         | 3:43            | 2           | 1:59           | 5            | 1:59            | 19.80       | 1:45:32       | 5:19            | 2           | 1:05           | 2            | 1:05            |
| Loddenke        | 3.10        | 12:39         | 4:04            | 2           | 0:55           | 4            | 0:55            | 22.90       | 1:58:11       | 5:09            | 2           | 2:00           | 2            | 2:00            |
| Ilseburg/Markt  | 3.30        | 14:39         | 4:26            | 2           | 1:00           | 4            | 1:00            | 26.20       | 2:12:50       | 5:04            | 2           | 3:00           | 2            | 3:00            |