



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Schlemeier, Verena

Club: svs teutonia sorsum
Number: 252

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 2:15:22

Speed: 11.52 km/h
Running performance: 5:10 min/km

Rank in course/Total: 46 (of 529)

Rank in course/Women: 3 (of 82)

Best time in course: 2:09:50

Rank in category: 1(of 17)

Best time in the category: 2:15:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	17:11	5:12	1	-	5	1:53	3.30	17:11	5:12	1	-	5	1:53
Schlüsie	3.10	19:16	6:12	1	-	4	1:09	6.40	36:27	5:41	1	-	5	2:55
Hermannsklippe	2.60	16:24	6:18	1	-	3	0:41	9.00	52:51	5:52	1	-	5	3:36
Brocken	3.10	25:50	8:19	1	-	2	0:23	12.10	1:18:41	6:30	1	-	3	3:59
Eiserner Handwe	3.60	15:06	4:11	1	-	2	1:04	15.70	1:33:47	5:58	1	-	3	3:31
Schlüsie	4.10	14:47	3:36	1	-	3	1:30	19.80	1:48:34	5:28	1	-	3	4:07
Loddenke	3.10	12:28	4:01	1	-	3	0:44	22.90	2:01:02	5:17	1	-	3	4:51
Ilseburg/Markt	3.30	14:20	4:20	1	-	3	0:41	26.20	2:15:22	5:10	1	-	3	5:32