



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Ahl, Josefine

Club: LG Braunschweig
Number: 874

Course: 1.80 km
1,8 km - Lauf

Category:
weibliche Kinder U8 (unter 8 Jahren)

Total time: 9:42

Speed: 11.13 km/h
Running performance: 5:23 min/km

Rank in course/Total: 91 (of 142)

Rank in course/Women: 33 (of 63)

Best time in course: 6:48

Rank in category: 3(of 17)

Best time in the category: 8:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Blochhauer	0.90	5:11	5:45	4	0:43	39	1:35	0.90	5:11	5:45	4	0:43	64	1:35
Ilseburg/Markt	0.90	4:31	5:01	3	0:43	31	1:19	1.80	9:42	5:23	3	1:25	33	2:54