



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Bittner, Johannes

Club: Handballverein ilsenburg
Number: 506

Course: 26.20 km
26,2 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 2:15:32

Speed: 11.51 km/h
Running performance: 5:10 min/km

Rank in course/Total: 48 (of 529)

Rank in course/Men: 45 (of 447)

Best time in course: 1:39:39

Rank in category: 6(of 36)

Best time in the category: 1:42:44

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:03	5:10	9	4:49	82	7:26	3.30	17:03	5:10	9	4:49	82	7:26
Schlüsie	3.10	18:41	6:01	6	4:51	49	4:51	6.40	35:44	5:34	9	9:40	65	9:40
Hermannsklippe	2.60	16:10	6:13	8	4:20	58	4:29	9.00	51:54	5:46	9	14:00	60	14:04
Brocken	3.10	25:15	8:08	6	6:57	42	7:00	12.10	1:17:09	6:22	7	20:57	51	21:04
Eiserner Handwe	3.60	16:09	4:29	9	3:38	63	3:39	15.70	1:33:18	5:56	6	24:35	50	24:43
Schlüsie	4.10	15:22	3:44	7	2:58	50	2:58	19.80	1:48:40	5:29	6	27:33	48	27:39
Loddenke	3.10	12:43	4:06	6	2:22	41	2:23	22.90	2:01:23	5:18	6	29:55	46	30:02
Ilseburg/Markt	3.30	14:09	4:17	8	2:53	49	5:51	26.20	2:15:32	5:10	6	32:48	45	35:53