



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Faltis, Danny

Club: münz laufftreff Westerwald
Number: 186

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:15:42

Speed: 11.50 km/h
Running performance: 5:11 min/km

Rank in course/Total: 49 (of 529)

Rank in course/Men: 46 (of 447)

Best time in course: 1:39:39

Rank in category: 6(of 50)

Best time in the category: 1:56:54

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Loddenke | 3.30 | 17:05 | 5:10 | 13 | 3:01 | 85 | 7:28 | 3.30 | 17:05 | 5:10 | 13 | 3:01 | 85 | 7:28 |
| Schlüsie | 3.10 | 18:41 | 6:01 | 9 | 2:48 | 49 | 4:51 | 6.40 | 35:46 | 5:35 | 11 | 5:49 | 69 | 9:42 |
| Hermannsklippe | 2.60 | 16:10 | 6:13 | 9 | 2:34 | 58 | 4:29 | 9.00 | 51:56 | 5:46 | 9 | 8:23 | 61 | 14:06 |
| Brocken | 3.10 | 25:15 | 8:08 | 6 | 4:18 | 42 | 7:00 | 12.10 | 1:17:11 | 6:22 | 8 | 12:41 | 52 | 21:06 |
| Eiserner Handwe | 3.60 | 16:09 | 4:29 | 10 | 2:18 | 63 | 3:39 | 15.70 | 1:33:20 | 5:56 | 9 | 14:59 | 51 | 24:45 |
| Schlüsie | 4.10 | 15:22 | 3:44 | 7 | 2:06 | 50 | 2:58 | 19.80 | 1:48:42 | 5:29 | 7 | 17:05 | 49 | 27:41 |
| Loddenke | 3.10 | 12:43 | 4:06 | 5 | 1:05 | 41 | 2:23 | 22.90 | 2:01:25 | 5:18 | 7 | 18:00 | 47 | 30:04 |
| Ilseburg/Markt | 3.30 | 14:17 | 4:19 | 9 | 1:21 | 63 | 5:59 | 26.20 | 2:15:42 | 5:10 | 6 | 18:48 | 46 | 36:03 |