



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Börner, Tino

Club: Erfurt
Number: 364

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:16:05

Speed: 11.46 km/h
Running performance: 5:11 min/km

Rank in course/Total: 52 (of 529)

Rank in course/Men: 49 (of 447)

Best time in course: 1:39:39

Rank in category: 8(of 75)

Best time in the category: 1:57:42

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	15:39	4:44	3	1:12	27	6:02	3.30	15:39	4:44	3	1:12	27	6:02
Schlüsie	3.10	18:57	6:06	10	3:07	62	5:07	6.40	34:36	5:24	5	4:19	41	8:32
Hermannsklippe	2.60	15:33	5:58	6	2:03	34	3:52	9.00	50:09	5:34	6	6:22	35	12:19
Brocken	3.10	25:23	8:11	9	4:07	47	7:08	12.10	1:15:32	6:14	7	10:29	35	19:27
Eiserner Handwe	3.60	15:49	4:23	8	2:20	46	3:19	15.70	1:31:21	5:49	6	12:49	34	22:46
Schlüsie	4.10	16:09	3:56	16	3:12	82	3:45	19.80	1:47:30	5:25	7	16:01	41	26:29
Loddenke	3.10	13:10	4:14	14	1:58	75	2:50	22.90	2:00:40	5:16	7	17:13	42	29:19
Ilseburg/Markt	3.30	15:25	4:40	27	2:45	130	7:07	26.20	2:16:05	5:11	8	18:23	49	36:26