



46. Brockenlauf  
Ilseburg / 03.09.2016

Detailed evaluation

Harms, Femi

Club: LG Braunschweig  
Number: 873

Course: 1.80 km  
1,8 km - Lauf

Category:  
weibliche Kinder U8 (unter 8 Jahren)

Total time: 9:44

Speed: 11.10 km/h  
Running performance: 5:25 min/km

Rank in course/Total: 93 (of 142)

Rank in course/Women: 34 (of 63)

Best time in course: 6:48

Rank in category: 4(of 17)

Best time in the category: 8:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Blochhauer	0.90	5:09	5:43	3	0:41	38	1:33	0.90	5:09	5:43	3	0:41	64	1:33
Ilseburg/Markt	0.90	4:35	5:05	4	0:47	33	1:23	1.80	9:44	5:24	4	1:27	34	2:56