



46. Brockenlauf

Ilseburg / 03.09.2016

Detailed evaluation

Cerbe, Linus

Club: Braunschweig
Number: 323

Course: 26.20 km
26,2 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 2:17:35

Speed: 11.34 km/h
Running performance: 5:15 min/km

Rank in course/Total: 60 (of 529)

Rank in course/Men: 56 (of 447)

Best time in course: 1:39:39

Rank in category: 7(of 36)

Best time in the category: 1:42:44

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:18	5:50	20	7:04	215	9:41	3.30	19:18	5:50	20	7:04	215	9:41
Schlüsie	3.10	20:18	6:32	14	6:28	113	6:28	6.40	39:36	6:11	15	13:32	157	13:32
Hermannsklippe	2.60	15:42	6:02	6	3:52	38	4:01	9.00	55:18	6:08	14	17:24	114	17:28
Brocken	3.10	25:43	8:17	8	7:25	59	7:28	12.10	1:21:01	6:41	14	24:49	93	24:56
Eiserner Handwe	3.60	15:15	4:14	5	2:44	33	2:45	15.70	1:36:16	6:07	10	27:33	77	27:41
Schlüsie	4.10	15:08	3:41	6	2:44	41	2:44	19.80	1:51:24	5:37	8	30:17	64	30:23
Loddenke	3.10	12:23	3:59	5	2:02	28	2:03	22.90	2:03:47	5:24	8	32:19	60	32:26
Ilseburg/Markt	3.30	13:48	4:10	5	2:32	32	5:30	26.20	2:17:35	5:15	7	34:51	56	37:56