



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Mattersteig, Andre

Club: VfL Eilenburg
Number: 185

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:18:01

Speed: 11.30 km/h
Running performance: 5:16 min/km

Rank in course/Total: 62 (of 529)

Rank in course/Men: 57 (of 447)

Best time in course: 1:39:39

Rank in category: 8(of 50)

Best time in the category: 1:56:54

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	15:27	4:40	4	1:23	25	5:50	3.30	15:27	4:40	4	1:23	25	5:50
Schlüsie	3.10	18:28	5:57	7	2:35	36	4:38	6.40	33:55	5:17	5	3:58	29	7:51
Hermannsklippe	2.60	15:55	6:07	8	2:19	51	4:14	9.00	49:50	5:32	5	6:17	32	12:00
Brocken	3.10	26:00	8:23	10	5:03	65	7:45	12.10	1:15:50	6:16	5	11:20	38	19:45
Eiserner Handwe	3.60	16:49	4:40	17	2:58	106	4:19	15.70	1:32:39	5:54	6	14:18	43	24:04
Schlüsie	4.10	18:07	4:25	27	4:51	204	5:43	19.80	1:50:46	5:35	9	19:09	61	29:45
Loddenke	3.10	13:06	4:13	10	1:28	69	2:46	22.90	2:03:52	5:24	9	20:27	61	32:31
Ilseburg/Markt	3.30	14:09	4:17	5	1:13	49	5:51	26.20	2:18:01	5:16	8	21:07	57	38:22