



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Struck, Michael

Club: Harsum
Number: 84

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:19:57

Speed: 11.15 km/h
Running performance: 5:20 min/km

Rank in course/Total: 70 (of 529)

Rank in course/Men: 65 (of 447)

Best time in course: 1:39:39

Rank in category: 14(of 85)

Best time in the category: 1:59:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:16	5:13	22	2:39	94	7:39	3.30	17:16	5:13	22	2:39	94	7:39
Schlüsie	3.10	19:39	6:20	19	3:02	95	5:49	6.40	36:55	5:46	20	5:41	91	10:51
Hermannsklippe	2.60	16:48	6:27	18	2:33	93	5:07	9.00	53:43	5:58	19	8:14	90	15:53
Brocken	3.10	26:50	8:39	19	4:06	85	8:35	12.10	1:20:33	6:39	19	12:11	87	24:28
Eiserner Handwe	3.60	16:17	4:31	13	1:42	68	3:47	15.70	1:36:50	6:10	18	13:53	80	28:15
Schlüsie	4.10	16:20	3:59	19	2:29	98	3:56	19.80	1:53:10	5:42	18	16:22	78	32:09
Loddenke	3.10	12:53	4:09	13	1:53	55	2:33	22.90	2:06:03	5:30	16	18:15	71	34:42
Ilseburg/Markt	3.30	13:54	4:12	12	2:01	39	5:36	26.20	2:19:57	5:20	14	20:16	65	40:18