



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Irmer, Tobias

Club: Magdeburg
Number: 568

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:20:22

Speed: 11.11 km/h
Running performance: 5:22 min/km

Rank in course/Total: 73 (of 529)

Rank in course/Men: 68 (of 447)

Best time in course: 1:39:39

Rank in category: 12(of 59)

Best time in the category: 1:54:51

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	15:49	4:47	6	1:49	30	6:12	3.30	15:49	4:47	6	1:49	30	6:12
Schlüsie	3.10	18:37	6:00	11	2:28	42	4:47	6.40	34:26	5:22	10	4:17	38	8:22
Hermannsklippe	2.60	16:40	6:24	15	2:59	83	4:59	9.00	51:06	5:40	11	7:08	46	13:16
Brocken	3.10	27:34	8:53	19	7:08	108	9:19	12.10	1:18:40	6:30	12	13:29	64	22:35
Eiserner Handwe	3.60	16:19	4:31	15	2:58	72	3:49	15.70	1:34:59	6:02	11	16:27	62	26:24
Schlüsie	4.10	16:14	3:57	17	3:33	87	3:50	19.80	1:51:13	5:37	11	20:00	62	30:12
Loddenke	3.10	14:07	4:33	24	3:20	142	3:47	22.90	2:05:20	5:28	10	21:55	64	33:59
Ilseburg/Markt	3.30	15:02	4:33	16	2:54	105	6:44	26.20	2:20:22	5:21	12	25:31	68	40:43