



46. Brockenlauf  
Ilseburg / 03.09.2016

Detailed evaluation

Alpers, Malte

Club: LG Braunschweig  
Number: 876

Course: 1.80 km  
1,8 km - Lauf

Category:  
männliche Kinder U10 (8-9 Jahre)

Total time: 7:15

Speed: 8.28 km/h  
Running performance: 4:02 min/km

Rank in course/Total: 18 (of 142)

Rank in course/Men: 14 (of 79)

Best time in course: 5:56

Rank in category: 5(of 31)

Best time in the category: 6:48

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Blochhauer	0.90	3:48	4:13	6	0:10	14	0:45	0.90	3:48	4:13	6	0:10	79	0:45
Ilseburg/Markt	0.90	3:27	3:50	4	0:19	17	0:34	1.80	7:15	4:01	5	0:27	14	1:19