



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Greulich, Lutz

Club: ESV 49 Angermünde -Die Lokvögel-
Number: 338

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:20:51

Speed: 11.08 km/h
Running performance: 5:23 min/km

Rank in course/Total: 78 (of 529)

Rank in course/Men: 73 (of 447)

Best time in course: 1:39:39

Rank in category: 17(of 85)

Best time in the category: 1:59:41

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:38	5:02	12	2:01	65	7:01	3.30	16:38	5:02	12	2:01	65	7:01
Schlüsie	3.10	19:06	6:09	15	2:29	70	5:16	6.40	35:44	5:34	12	4:30	65	9:40
Hermannsklippe	2.60	16:50	6:28	19	2:35	96	5:09	9.00	52:34	5:50	15	7:05	71	14:44
Brocken	3.10	27:58	9:01	25	5:14	128	9:43	12.10	1:20:32	6:39	18	12:10	86	24:27
Eiserner Handwe	3.60	16:00	4:26	9	1:25	54	3:30	15.70	1:36:32	6:08	17	13:35	78	27:57
Schlüsie	4.10	16:12	3:57	16	2:21	84	3:48	19.80	1:52:44	5:41	17	15:56	77	31:43
Loddenke	3.10	13:24	4:19	21	2:24	91	3:04	22.90	2:06:08	5:30	17	18:20	73	34:47
Ilseburg/Markt	3.30	14:43	4:27	17	2:50	80	6:25	26.20	2:20:51	5:22	17	21:10	73	41:12