



46. Brockenlauf  
Ilseburg / 03.09.2016

Detailed evaluation

Schmidt, Sebastian

Club: Clausthal-Zellerfeld  
Number: 370

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 2:21:42

Speed: 11.01 km/h  
Running performance: 5:25 min/km

Rank in course/Total: 83 (of 529)

Rank in course/Men: 78 (of 447)

Best time in course: 1:39:39

Rank in category: 11(of 30)

Best time in the category: 1:39:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:49	5:23	14	8:12	126	8:12	3.30	17:49	5:23	14	8:12	126	8:12
Schlüsie	3.10	19:40	6:20	11	3:46	96	5:50	6.40	37:29	5:51	11	11:20	105	11:25
Hermannsklippe	2.60	16:44	6:26	12	5:03	89	5:03	9.00	54:13	6:01	11	16:23	99	16:23
Brocken	3.10	28:19	9:08	15	10:04	134	10:04	12.10	1:22:32	6:49	13	26:27	104	26:27
Eiserner Handwe	3.60	15:38	4:20	7	3:08	41	3:08	15.70	1:38:10	6:15	11	29:35	87	29:35
Schlüsie	4.10	15:33	3:47	7	3:07	56	3:09	19.80	1:53:43	5:44	11	32:42	80	32:42
Loddenke	3.10	12:48	4:07	6	2:28	49	2:28	22.90	2:06:31	5:31	11	35:10	77	35:10
Ilseburg/Markt	3.30	15:11	4:36	11	6:53	113	6:53	26.20	2:21:42	5:24	11	42:03	78	42:03