



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Schmidt, Sebastian

Club: Clausthal-Zellerfeld
Number: 370

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:21:42

Speed: 11.01 km/h
Running performance: 5:25 min/km

Rank in course/Total: 83 (of 529)

Rank in course/Men: 78 (of 447)

Best time in course: 1:39:39

Rank in category: 11(of 30)

Best time in the category: 1:39:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
Loddenke	3.30	17:49	5:23	14	126	8:12	8:12	3.30	17:49	5:23	14	126	8:12	8:12
Schlüsie	3.10	19:40	6:20	11	96	3:46	5:50	6.40	37:29	5:51	11	105	11:20	11:25
Hermannsklippe	2.60	16:44	6:26	12	89	5:03	5:03	9.00	54:13	6:01	11	99	16:23	16:23
Brocken	3.10	28:19	9:08	15	134	10:04	10:04	12.10	1:22:32	6:49	13	104	26:27	26:27
Eiserner Handwe	3.60	15:38	4:20	7	41	3:08	3:08	15.70	1:38:10	6:15	11	87	29:35	29:35
Schlüsie	4.10	15:33	3:47	7	56	3:07	3:09	19.80	1:53:43	5:44	11	80	32:42	32:42
Loddenke	3.10	12:48	4:07	6	49	2:28	2:28	22.90	2:06:31	5:31	11	77	35:10	35:10
Ilseburg/Markt	3.30	15:11	4:36	11	113	6:53	6:53	26.20	2:21:42	5:24	11	78	42:03	42:03