



46. Brockenlauf  
Ilseburg / 03.09.2016

Detailed evaluation

Mersmann, Tobias

Club: Hannover  
Number: 347

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 2:23:13

Speed: 10.89 km/h  
Running performance: 5:28 min/km

Rank in course/Total: 96 (of 529)

Rank in course/Men: 91 (of 447)

Best time in course: 1:39:39

Rank in category: 12(of 30)

Best time in the category: 1:39:39

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:43	5:22	12	8:06	119	8:06	3.30	17:43	5:22	12	8:06	119	8:06
Schlüsie	3.10	20:07	6:29	13	4:13	112	6:17	6.40	37:50	5:54	12	11:41	115	11:46
Hermannsklippe	2.60	17:01	6:32	13	5:20	100	5:20	9.00	54:51	6:05	13	17:01	112	17:01
Brocken	3.10	26:22	8:30	9	8:07	71	8:07	12.10	1:21:13	6:42	12	25:08	95	25:08
Eiserner Handwe	3.60	18:03	5:00	14	5:33	176	5:33	15.70	1:39:16	6:19	12	30:41	99	30:41
Schlüsie	4.10	16:45	4:05	13	4:19	120	4:21	19.80	1:56:01	5:51	12	35:00	99	35:00
Loddenke	3.10	13:23	4:19	8	3:03	90	3:03	22.90	2:09:24	5:39	12	38:03	94	38:03
Ilseburg/Markt	3.30	13:49	4:11	4	5:31	34	5:31	26.20	2:23:13	5:27	12	43:34	91	43:34