



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Hirth, Manuel

Club: Laufftreff Bernburg
Number: 126

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:23:46

Speed: 10.85 km/h
Running performance: 5:29 min/km

Rank in course/Total: 98 (of 529)

Rank in course/Men: 93 (of 447)

Best time in course: 1:39:39

Rank in category: 11(of 50)

Best time in the category: 1:56:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:53	5:06	12	2:49	76	7:16	3.30	16:53	5:06	12	2:49	76	7:16
Schlüsie	3.10	19:33	6:18	13	3:40	88	5:43	6.40	36:26	5:41	12	6:29	79	10:22
Hermannsklippe	2.60	17:58	6:54	22	4:22	174	6:17	9.00	54:24	6:02	14	10:51	103	16:34
Brocken	3.10	28:46	9:16	23	7:49	152	10:31	12.10	1:23:10	6:52	15	18:40	110	27:05
Eiserner Handwe	3.60	15:44	4:22	6	1:53	42	3:14	15.70	1:38:54	6:17	13	20:33	95	30:19
Schlüsie	4.10	15:47	3:50	9	2:31	62	3:23	19.80	1:54:41	5:47	11	23:04	89	33:40
Loddenke	3.10	13:58	4:30	20	2:20	137	3:38	22.90	2:08:39	5:37	11	25:14	91	37:18
Ilseburg/Markt	3.30	15:07	4:34	15	2:11	110	6:49	26.20	2:23:46	5:29	11	26:52	93	44:07