



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Maiwald, Alexander

Club: Wernigerode
Number: 244

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:24:12

Speed: 10.82 km/h
Running performance: 5:30 min/km

Rank in course/Total: 101 (of 529)

Rank in course/Men: 96 (of 447)

Best time in course: 1:39:39

Rank in category: 13(of 50)

Best time in the category: 1:56:54

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:16	4:55	8	2:12	46	6:39	3.30	16:16	4:55	8	2:12	46	6:39
Schlüsie	3.10	18:39	6:00	8	2:46	45	4:49	6.40	34:55	5:27	9	4:58	45	8:51
Hermannsklippe	2.60	17:16	6:38	18	3:40	127	5:35	9.00	52:11	5:47	10	8:38	65	14:21
Brocken	3.10	27:42	8:56	17	6:45	120	9:27	12.10	1:19:53	6:36	10	15:23	79	23:48
Eiserner Handwe	3.60	16:47	4:39	15	2:56	104	4:17	15.70	1:36:40	6:09	11	18:19	79	28:05
Schlüsie	4.10	18:26	4:29	29	5:10	221	6:02	19.80	1:55:06	5:48	12	23:29	91	34:05
Loddenke	3.10	14:06	4:32	22	2:28	141	3:46	22.90	2:09:12	5:38	12	25:47	93	37:51
Ilseburg/Markt	3.30	15:00	4:32	14	2:04	96	6:42	26.20	2:24:12	5:30	13	27:18	96	44:33