



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Dr. Hentsch, Torsten

Club: SV Hermsdorf
Number: 20

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:24:56

Speed: 10.76 km/h
Running performance: 5:32 min/km

Rank in course/Total: 104 (of 529)

Rank in course/Men: 99 (of 447)

Best time in course: 1:39:39

Rank in category: 20(of 85)

Best time in the category: 1:59:41

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:45	5:22	24	3:08	123	8:08	3.30	17:45	5:22	24	3:08	123	8:08
Schlüsie	3.10	19:22	6:14	17	2:45	77	5:32	6.40	37:07	5:47	21	5:53	97	11:03
Hermannsklippe	2.60	17:03	6:33	23	2:48	104	5:22	9.00	54:10	6:01	21	8:41	97	16:20
Brocken	3.10	26:58	8:41	20	4:14	90	8:43	12.10	1:21:08	6:42	21	12:46	94	25:03
Eiserner Handwe	3.60	17:44	4:55	34	3:09	157	5:14	15.70	1:38:52	6:17	20	15:55	94	30:17
Schlüsie	4.10	18:22	4:28	47	4:31	215	5:58	19.80	1:57:14	5:55	21	20:26	112	36:13
Loddenke	3.10	13:31	4:21	22	2:31	99	3:11	22.90	2:10:45	5:42	21	22:57	108	39:24
Ilseburg/Markt	3.30	14:11	4:17	15	2:18	53	5:53	26.20	2:24:56	5:31	20	25:15	99	45:17