



46. Brockenlauf  
Ilseburg / 03.09.2016

Detailed evaluation

Wozny, Marcin

Club: Hannover  
Number: 215

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 2:25:06

Speed: 10.75 km/h  
Running performance: 5:32 min/km

Rank in course/Total: 106 (of 529)

Rank in course/Men: 101 (of 447)

Best time in course: 1:39:39

Rank in category: 14(of 50)

Best time in the category: 1:56:54

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:42	6:16	34	6:38	310	11:05	3.30	20:42	6:16	34	6:38	310	11:05
Schlüsie	3.10	22:12	7:09	30	6:19	228	8:22	6.40	42:54	6:42	31	12:57	264	16:50
Hermannsklippe	2.60	17:02	6:33	13	3:26	101	5:21	9.00	59:56	6:39	30	16:23	224	22:06
Brocken	3.10	25:31	8:13	8	4:34	53	7:16	12.10	1:25:27	7:03	19	20:57	142	29:22
Eiserner Handwe	3.60	15:59	4:26	8	2:08	53	3:29	15.70	1:41:26	6:27	17	23:05	123	32:51
Schlüsie	4.10	16:17	3:58	14	3:01	94	3:53	19.80	1:57:43	5:56	16	26:06	117	36:42
Loddenke	3.10	12:57	4:10	8	1:19	56	2:37	22.90	2:10:40	5:42	15	27:15	105	39:19
Ilseburg/Markt	3.30	14:26	4:22	11	1:30	69	6:08	26.20	2:25:06	5:32	14	28:12	101	45:27