



46. Brockenlauf  
Ilseburg / 03.09.2016

Detailed evaluation

Mengert, Lothar

Club: LG Osterwieck  
Number: 551

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 2:25:39

Speed: 10.71 km/h  
Running performance: 5:34 min/km

Rank in course/Total: 111 (of 529)

Rank in course/Men: 106 (of 447)

Best time in course: 1:39:39

Rank in category: 6(of 58)

Best time in the category: 2:02:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:23	5:34	11	3:18	158	8:46	3.30	18:23	5:34	11	3:18	158	8:46
Schlüsie	3.10	20:56	6:45	9	4:06	146	7:06	6.40	39:19	6:08	10	7:24	150	13:15
Hermannsklippe	2.60	17:37	6:46	10	3:26	152	5:56	9.00	56:56	6:19	10	10:50	140	19:06
Brocken	3.10	27:35	8:53	9	4:51	110	9:20	12.10	1:24:31	6:59	9	15:41	129	28:26
Eiserner Handwe	3.60	17:02	4:43	7	2:11	118	4:32	15.70	1:41:33	6:28	8	17:52	128	32:58
Schlüsie	4.10	15:53	3:52	6	1:41	67	3:29	19.80	1:57:26	5:55	8	19:33	114	36:25
Loddenke	3.10	13:25	4:19	6	1:52	92	3:05	22.90	2:10:51	5:42	7	21:25	110	39:30
Ilseburg/Markt	3.30	14:48	4:29	4	1:44	84	6:30	26.20	2:25:39	5:33	6	23:09	106	46:00