



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Reichelt, Mario

Club: Delligser SC
Number: 301

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:26:42

Speed: 10.63 km/h
Running performance: 5:36 min/km

Rank in course/Total: 118 (of 529)

Rank in course/Men: 113 (of 447)

Best time in course: 1:39:39

Rank in category: 22(of 75)

Best time in the category: 1:57:42

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:01	4:51	6	1:34	41	6:24	3.30	16:01	4:51	6	1:34	41	6:24
Schlüsie	3.10	19:10	6:10	11	3:20	71	5:20	6.40	35:11	5:29	8	4:54	53	9:07
Hermannsklippe	2.60	17:15	6:38	22	3:45	125	5:34	9.00	52:26	5:49	11	8:39	67	14:36
Brocken	3.10	29:21	9:28	35	8:05	176	11:06	12.10	1:21:47	6:45	16	16:44	98	25:42
Eiserner Handwe	3.60	18:22	5:06	33	4:53	203	5:52	15.70	1:40:09	6:22	22	21:37	112	31:34
Schlüsie	4.10	17:52	4:21	34	4:55	192	5:28	19.80	1:58:01	5:57	22	26:32	123	37:00
Loddenke	3.10	13:22	4:18	18	2:10	88	3:02	22.90	2:11:23	5:44	21	27:56	117	40:02
Ilseburg/Markt	3.30	15:19	4:38	25	2:39	123	7:01	26.20	2:26:42	5:35	22	29:00	113	47:03