



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Schulz, Karl-Heinz

Number: 560

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:27:00

Speed: 10.61 km/h
Running performance: 5:37 min/km

Rank in course/Total: 121 (of 529)

Rank in course/Men: 116 (of 447)

Best time in course: 1:39:39

Rank in category: 7(of 58)

Best time in the category: 2:02:30

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:58	5:44	16	3:53	195	9:21	3.30	18:58	5:44	16	3:53	195	9:21
Schlüsie	3.10	20:57	6:45	10	4:07	149	7:07	6.40	39:55	6:14	11	8:00	174	13:51
Hermannsklippe	2.60	17:11	6:36	6	3:00	113	5:30	9.00	57:06	6:20	11	11:00	143	19:16
Brocken	3.10	27:40	8:55	12	4:56	117	9:25	12.10	1:24:46	7:00	10	15:56	132	28:41
Eiserner Handwe	3.60	17:29	4:51	9	2:38	143	4:59	15.70	1:42:15	6:30	9	18:34	135	33:40
Schlüsie	4.10	17:14	4:12	12	3:02	154	4:50	19.80	1:59:29	6:02	10	21:36	137	38:28
Loddenke	3.10	13:00	4:11	3	1:27	62	2:40	22.90	2:12:29	5:47	9	23:03	129	41:08
Ilseburg/Markt	3.30	14:31	4:23	3	1:27	73	6:13	26.20	2:27:00	5:36	7	24:30	116	47:21