



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Broutschek, M

Club: Wernigerode
Number: 494

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:27:11

Speed: 10.60 km/h
Running performance: 5:37 min/km

Rank in course/Total: 123 (of 529)

Rank in course/Men: 118 (of 447)

Best time in course: 1:39:39

Rank in category: 9(of 58)

Best time in the category: 2:02:30

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:11	4:54	2	1:06	45	6:34	3.30	16:11	4:54	2	1:06	45	6:34
Schlüsie	3.10	19:27	6:16	6	2:37	83	5:37	6.40	35:38	5:34	2	3:43	61	9:34
Hermannsklippe	2.60	17:11	6:36	6	3:00	113	5:30	9.00	52:49	5:52	3	6:43	75	14:59
Brocken	3.10	25:28	8:12	3	2:44	50	7:13	12.10	1:18:17	6:28	3	9:27	60	22:12
Eiserner Handwe	3.60	19:05	5:18	24	4:14	249	6:35	15.70	1:37:22	6:12	5	13:41	84	28:47
Schlüsie	4.10	19:08	4:40	24	4:56	257	6:44	19.80	1:56:30	5:53	7	18:37	106	35:29
Loddenke	3.10	15:10	4:53	20	3:37	229	4:50	22.90	2:11:40	5:44	8	22:14	118	40:19
Ilseburg/Markt	3.30	15:31	4:42	10	2:27	141	7:13	26.20	2:27:11	5:37	9	24:41	118	47:32