



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Reichelt, Silvia

Club: Delligser SC
Number: 442

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 2:27:32

Speed: 10.57 km/h
Running performance: 5:38 min/km

Rank in course/Total: 130 (of 529)

Rank in course/Women: 7 (of 82)

Best time in course: 2:09:50

Rank in category: 2(of 16)

Best time in the category: 2:27:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	17:53	5:25	1	-	6	2:35	3.30	17:53	5:25	1	-	6	2:35
Schlüsie	3.10	21:00	6:46	2	0:05	9	2:53	6.40	38:53	6:04	1	-	6	5:21
Hermannsklippe	2.60	18:10	6:59	3	0:53	15	2:27	9.00	57:03	6:20	2	0:27	7	7:48
Brocken	3.10	28:45	9:16	2	1:29	10	3:18	12.10	1:25:48	7:05	2	1:56	8	11:06
Eiserner Handwe	3.60	16:38	4:37	1	-	6	2:36	15.70	1:42:26	6:31	2	1:21	8	12:10
Schlüsie	4.10	15:46	3:50	1	-	6	2:29	19.80	1:58:12	5:58	2	0:06	7	13:45
Loddenke	3.10	13:32	4:21	1	-	6	1:48	22.90	2:11:44	5:45	1	-	6	15:33
Ilseburg/Markt	3.30	15:48	4:47	3	0:27	12	2:09	26.20	2:27:32	5:37	2	0:02	7	17:42