



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Dralle, Heiner

Club: Düsseldorf
Number: 528

Course: 26.20 km
26,2 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 2:27:35

Speed: 10.57 km/h
Running performance: 5:38 min/km

Rank in course/Total: 132 (of 529)

Rank in course/Men: 125 (of 447)

Best time in course: 1:39:39

Rank in category: 13(of 36)

Best time in the category: 1:42:44

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:33	5:19	12	5:19	108	7:56	3.30	17:33	5:19	12	5:19	108	7:56
Schlüsie	3.10	19:34	6:18	12	5:44	90	5:44	6.40	37:07	5:47	12	11:03	97	11:03
Hermannsklippe	2.60	15:46	6:03	7	3:56	40	4:05	9.00	52:53	5:52	11	14:59	80	15:03
Brocken	3.10	28:05	9:03	12	9:47	129	9:50	12.10	1:20:58	6:41	13	24:46	91	24:53
Eiserner Handwe	3.60	18:09	5:02	19	5:38	184	5:39	15.70	1:39:07	6:18	14	30:24	98	30:32
Schlüsie	4.10	18:45	4:34	21	6:21	236	6:21	19.80	1:57:52	5:57	14	36:45	121	36:51
Loddenke	3.10	14:21	4:37	14	4:00	165	4:01	22.90	2:12:13	5:46	14	40:45	124	40:52
Ilseburg/Markt	3.30	15:22	4:39	16	4:06	125	7:04	26.20	2:27:35	5:37	13	44:51	125	47:56