



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Dietrich, Andreas

Club: SG Lauffreunde Harz
Number: 225

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:27:37

Speed: 10.57 km/h
Running performance: 5:38 min/km

Rank in course/Total: 133 (of 529)

Rank in course/Men: 126 (of 447)

Best time in course: 1:39:39

Rank in category: 23(of 59)

Best time in the category: 1:54:51

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:15	5:13	18	3:15	92	7:38	3.30	17:15	5:13	18	3:15	92	7:38
Schlüsie	3.10	20:22	6:34	23	4:13	117	6:32	6.40	37:37	5:52	23	7:28	111	11:33
Hermannsklippe	2.60	18:15	7:01	38	4:34	196	6:34	9.00	55:52	6:12	24	11:54	119	18:02
Brocken	3.10	28:19	9:08	22	7:53	134	10:04	12.10	1:24:11	6:57	24	19:00	127	28:06
Eiserner Handwe	3.60	17:23	4:49	27	4:02	136	4:53	15.70	1:41:34	6:28	24	23:02	129	32:59
Schlüsie	4.10	17:00	4:08	26	4:19	132	4:36	19.80	1:58:34	5:59	25	27:21	129	37:33
Loddenke	3.10	13:47	4:26	17	3:00	115	3:27	22.90	2:12:21	5:46	23	28:56	127	41:00
Ilseburg/Markt	3.30	15:16	4:37	19	3:08	120	6:58	26.20	2:27:37	5:38	23	32:46	126	47:58