



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Wehmeier, Tobias

Club: Brockenlaufverein
Number: 369

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:27:54

Speed: 10.55 km/h
Running performance: 5:39 min/km

Rank in course/Total: 135 (of 529)

Rank in course/Men: 128 (of 447)

Best time in course: 1:39:39

Rank in category: 24(of 59)

Best time in the category: 1:54:51

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:49	5:42	35	4:49	179	9:12	3.30	18:49	5:42	35	4:49	179	9:12
Schlüsie	3.10	20:52	6:43	31	4:43	142	7:02	6.40	39:41	6:12	32	9:32	160	13:37
Hermannsklippe	2.60	17:27	6:42	26	3:46	136	5:46	9.00	57:08	6:20	29	13:10	148	19:18
Brocken	3.10	28:13	9:06	21	7:47	131	9:58	12.10	1:25:21	7:03	28	20:10	140	29:16
Eiserner Handwe	3.60	17:07	4:45	25	3:46	124	4:37	15.70	1:42:28	6:31	27	23:56	140	33:53
Schlüsie	4.10	16:23	3:59	19	3:42	102	3:59	19.80	1:58:51	6:00	27	27:38	132	37:50
Loddenke	3.10	13:51	4:28	21	3:04	127	3:31	22.90	2:12:42	5:47	25	29:17	133	41:21
Ilseburg/Markt	3.30	15:12	4:36	18	3:04	116	6:54	26.20	2:27:54	5:38	24	33:03	128	48:15