



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Hartmann, Thomas

Club: Harzfalke Tanne
Number: 588

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:28:25

Speed: 10.51 km/h
Running performance: 5:40 min/km

Rank in course/Total: 140 (of 529)

Rank in course/Men: 133 (of 447)

Best time in course: 1:39:39

Rank in category: 26(of 75)

Best time in the category: 1:57:42

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:57	5:26	24	3:30	134	8:20	3.30	17:57	5:26	24	3:30	134	8:20
Schlüsie	3.10	20:57	6:45	27	5:07	149	7:07	6.40	38:54	6:04	26	8:37	138	12:50
Hermannsklippe	2.60	18:48	7:13	43	5:18	233	7:07	9.00	57:42	6:24	32	13:55	167	19:52
Brocken	3.10	30:21	9:47	40	9:05	211	12:06	12.10	1:28:03	7:16	35	23:00	184	31:58
Eiserner Handwe	3.60	16:32	4:35	13	3:03	82	4:02	15.70	1:44:35	6:39	28	26:03	158	36:00
Schlüsie	4.10	15:58	3:53	14	3:01	73	3:34	19.80	2:00:33	6:05	28	29:04	149	39:32
Loddenke	3.10	13:06	4:13	13	1:54	69	2:46	22.90	2:13:39	5:50	26	30:12	137	42:18
Ilseburg/Markt	3.30	14:46	4:28	20	2:06	83	6:28	26.20	2:28:25	5:39	26	30:43	133	48:46