



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Seehorst, Aaron

Club: Ilseburg
Number: 996

Course: 1.80 km
1,8 km - Lauf

Category:
männliche Kinder U10 (8-9 Jahre)

Total time: 10:19

Speed: 5.82 km/h
Running performance: 5:44 min/km

Rank in course/Total: 105 (of 142)

Rank in course/Men: 64 (of 79)

Best time in course: 5:56

Rank in category: 28(of 31)

Best time in the category: 6:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Blochhauer	0.90	5:19	5:54	28	1:41	66	2:16	0.90	5:19	5:54	28	1:41	66	2:16
Ilseburg/Markt	0.90	5:00	5:33	26	1:52	63	2:07	1.80	10:19	5:43	28	3:31	64	4:23