



46. Brockenlauf  
Ilseburg / 03.09.2016

Detailed evaluation

Kruse, Andreas

Club: Brockenlaufverein  
Number: 9

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 2:29:09

Speed: 10.46 km/h  
Running performance: 5:41 min/km

Rank in course/Total: 142 (of 529)

Rank in course/Men: 135 (of 447)

Best time in course: 1:39:39

Rank in category: 25(of 85)

Best time in the category: 1:59:41

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:31	5:00	7	1:54	55	6:54	3.30	16:31	5:00	7	1:54	55	6:54
Schlüsie	3.10	19:12	6:11	16	2:35	73	5:22	6.40	35:43	5:34	11	4:29	64	9:39
Hermannsklippe	2.60	17:05	6:34	24	2:50	107	5:24	9.00	52:48	5:51	17	7:19	74	14:58
Brocken	3.10	27:47	8:57	23	5:03	124	9:32	12.10	1:20:35	6:39	20	12:13	88	24:30
Eiserner Handwe	3.60	16:54	4:41	21	2:19	111	4:24	15.70	1:37:29	6:12	19	14:32	85	28:54
Schlüsie	4.10	17:50	4:20	38	3:59	190	5:26	19.80	1:55:19	5:49	19	18:31	94	34:18
Loddenke	3.10	15:50	5:06	52	4:50	280	5:30	22.90	2:11:09	5:43	22	23:21	112	39:48
Ilseburg/Markt	3.30	18:00	5:27	56	6:07	299	9:42	26.20	2:29:09	5:41	25	29:28	135	49:30