



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Brenz, Andreas

Club: Wernigerode
Number: 428

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:29:41

Speed: 10.42 km/h
Running performance: 5:43 min/km

Rank in course/Total: 147 (of 529)

Rank in course/Men: 140 (of 447)

Best time in course: 1:39:39

Rank in category: 27(of 75)

Best time in the category: 1:57:42

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Behind	Total		Pos	Behind	Pos		Behind
	km	Time			min/km	Cat.		Cat.	Men			Men	km	
Loddenke	3.30	16:54	5:07	14	2:27	78	7:17	3.30	16:54	5:07	14	2:27	78	7:17
Schlüsie	3.10	20:42	6:40	24	4:52	134	6:52	6.40	37:36	5:52	19	7:19	109	11:32
Hermannsklippe	2.60	19:12	7:23	49	5:42	258	7:31	9.00	56:48	6:18	23	13:01	135	18:58
Brocken	3.10	30:02	9:41	37	8:46	199	11:47	12.10	1:26:50	7:10	27	21:47	161	30:45
Eiserner Handwe	3.60	16:34	4:36	16	3:05	87	4:04	15.70	1:43:24	6:35	26	24:52	149	34:49
Schlüsie	4.10	16:38	4:03	20	3:41	114	4:14	19.80	2:00:02	6:03	25	28:33	141	39:01
Loddenke	3.10	13:52	4:28	25	2:40	129	3:32	22.90	2:13:54	5:50	27	30:27	140	42:33
Ilseburg/Markt	3.30	15:47	4:46	33	3:07	159	7:29	26.20	2:29:41	5:42	27	31:59	140	50:02