



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Kresse, Mathias

Club: NIX tun kann jeder
Number: 366

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:29:47

Speed: 10.42 km/h
Running performance: 5:43 min/km

Rank in course/Total: 148 (of 529)

Rank in course/Men: 141 (of 447)

Best time in course: 1:39:39

Rank in category: 26(of 85)

Best time in the category: 1:59:41

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:07	5:11	20	2:30	87	7:30	3.30	17:07	5:11	20	2:30	87	7:30
Schlüsie	3.10	20:41	6:40	25	4:04	133	6:51	6.40	37:48	5:54	23	6:34	113	11:44
Hermannsklippe	2.60	18:40	7:10	40	4:25	227	6:59	9.00	56:28	6:16	26	10:59	131	18:38
Brocken	3.10	29:43	9:35	36	6:59	191	11:28	12.10	1:26:11	7:07	28	17:49	154	30:06
Eiserner Handwe	3.60	16:41	4:38	19	2:06	97	4:11	15.70	1:42:52	6:33	27	19:55	146	34:17
Schlüsie	4.10	16:47	4:05	26	2:56	122	4:23	19.80	1:59:39	6:02	26	22:51	139	38:38
Loddenke	3.10	14:20	4:37	34	3:20	162	4:00	22.90	2:13:59	5:51	25	26:11	142	42:38
Ilseburg/Markt	3.30	15:48	4:47	31	3:55	161	7:30	26.20	2:29:47	5:43	26	30:06	141	50:08