



46. Brockenlauf  
Ilseburg / 03.09.2016

Detailed evaluation

Röhrig, Carolin

Club: TG Wehlheiden Kassel  
Number: 555

Course: 26.20 km  
26,2 km - Lauf

Category:  
Seniorinnen W30 (30-34 Jahre)

Total time: 2:29:57

Speed: 10.40 km/h  
Running performance: 5:43 min/km

Rank in course/Total: 152 (of 529)

Rank in course/Women: 8 (of 82)

Best time in course: 2:09:50

Rank in category: 2(of 5)

Best time in the category: 2:16:17

Intermediate times

Stage score

Total ranking

| Control         | Split km | Split Time | Split min/km | Stage score |             |           |              | Total ranking |            |              |          |             |           |              |
|-----------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
|                 |          |            |              | Pos Cat.    | Behind Cat. | Pos Women | Behind Women | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Loddenke        | 3.30     | 18:56      | 5:44         | 2           | 2:19        | 14        | 3:38         | 3.30          | 18:56      | 5:44         | 2        | 2:19        | 14        | 3:38         |
| Schlüsie        | 3.10     | 20:58      | 6:45         | 2           | 1:33        | 8         | 2:51         | 6.40          | 39:54      | 6:14         | 2        | 3:52        | 10        | 6:22         |
| Hermannsklippe  | 2.60     | 17:34      | 6:45         | 2           | 1:05        | 8         | 1:51         | 9.00          | 57:28      | 6:23         | 2        | 4:57        | 8         | 8:13         |
| Brocken         | 3.10     | 27:12      | 8:46         | 1           | -           | 5         | 1:45         | 12.10         | 1:24:40    | 6:59         | 2        | 4:31        | 7         | 9:58         |
| Eiserner Handwe | 3.60     | 17:41      | 4:54         | 2           | 2:04        | 12        | 3:39         | 15.70         | 1:42:21    | 6:31         | 2        | 6:35        | 7         | 12:05        |
| Schlüsie        | 4.10     | 17:33      | 4:16         | 2           | 3:10        | 13        | 4:16         | 19.80         | 1:59:54    | 6:03         | 2        | 9:45        | 8         | 15:27        |
| Loddenke        | 3.10     | 14:25      | 4:39         | 2           | 2:15        | 16        | 2:41         | 22.90         | 2:14:19    | 5:51         | 2        | 12:00       | 8         | 18:08        |
| Ilseburg/Markt  | 3.30     | 15:38      | 4:44         | 2           | 1:40        | 9         | 1:59         | 26.20         | 2:29:57    | 5:43         | 2        | 13:40       | 8         | 20:07        |