



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Weidig, Michael

Club: Arschersleben
Number: 575

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:29:59

Speed: 10.40 km/h
Running performance: 5:43 min/km

Rank in course/Total: 153 (of 529)

Rank in course/Men: 145 (of 447)

Best time in course: 1:39:39

Rank in category: 22(of 50)

Best time in the category: 1:56:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:34	5:01	10	2:30	59	6:57	3.30	16:34	5:01	10	2:30	59	6:57
Schlüsie	3.10	21:02	6:47	19	5:09	161	7:12	6.40	37:36	5:52	15	7:39	109	11:32
Hermannsklippe	2.60	19:12	7:23	33	5:36	258	7:31	9.00	56:48	6:18	18	13:15	135	18:58
Brocken	3.10	30:17	9:46	29	9:20	209	12:02	12.10	1:27:05	7:11	23	22:35	165	31:00
Eiserner Handwe	3.60	16:42	4:38	13	2:51	99	4:12	15.70	1:43:47	6:36	22	25:26	153	35:12
Schlüsie	4.10	16:19	3:58	15	3:03	97	3:55	19.80	2:00:06	6:03	19	28:29	143	39:05
Loddenke	3.10	13:48	4:27	18	2:10	118	3:28	22.90	2:13:54	5:50	21	30:29	140	42:33
Ilseburg/Markt	3.30	16:05	4:52	27	3:09	181	7:47	26.20	2:29:59	5:43	22	33:05	145	50:20