



46. Brockenlauf  
Ilseburg / 03.09.2016

Detailed evaluation

Große, Maik

Club: Ascherleben  
Number: 399

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 2:30:26

Speed: 10.37 km/h  
Running performance: 5:44 min/km

Rank in course/Total: 155 (of 529)

Rank in course/Men: 147 (of 447)

Best time in course: 1:39:39

Rank in category: 15(of 30)

Best time in the category: 1:39:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total			Pos		Behind	
				Cat.	Men	Cat.	Men	km	Time	min/km	Cat.	Men	Cat.	Men
Loddenke	3.30	17:50	5:24	15	127	8:13	8:13	3.30	17:50	5:24	15	127	8:13	8:13
Schlüsie	3.10	20:48	6:42	16	139	4:54	6:58	6.40	38:38	6:02	16	133	12:29	12:34
Hermannsklippe	2.60	17:32	6:44	15	141	5:51	5:51	9.00	56:10	6:14	16	128	18:20	18:20
Brocken	3.10	28:56	9:20	17	161	10:41	10:41	12.10	1:25:06	7:01	16	137	29:01	29:01
Eiserner Handwe	3.60	19:53	5:31	20	279	7:23	7:23	15.70	1:44:59	6:41	16	167	36:24	36:24
Schlüsie	4.10	17:15	4:12	15	155	4:49	4:51	19.80	2:02:14	6:10	16	161	41:13	41:13
Loddenke	3.10	13:18	4:17	7	82	2:58	2:58	22.90	2:15:32	5:55	16	154	44:11	44:11
Ilseburg/Markt	3.30	14:54	4:30	9	91	6:36	6:36	26.20	2:30:26	5:44	15	147	50:47	50:47