



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Claassen, Marcel

Club: Störtebeker Loopers
Number: 169

Course: 26.20 km
26,2 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 2:30:26

Speed: 10.37 km/h
Running performance: 5:44 min/km

Rank in course/Total: 156 (of 529)

Rank in course/Men: 147 (of 447)

Best time in course: 1:39:39

Rank in category: 16(of 36)

Best time in the category: 1:42:44

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:15	5:50	18	7:01	210	9:38	3.30	19:15	5:50	18	7:01	210	9:38
Schlüsie	3.10	21:01	6:46	16	7:11	159	7:11	6.40	40:16	6:17	17	14:12	187	14:12
Hermannsklippe	2.60	16:54	6:29	14	5:04	98	5:13	9.00	57:10	6:21	16	19:16	153	19:20
Brocken	3.10	28:26	9:10	15	10:08	140	10:11	12.10	1:25:36	7:04	15	29:24	145	29:31
Eiserner Handwe	3.60	17:01	4:43	13	4:30	117	4:31	15.70	1:42:37	6:32	15	33:54	142	34:02
Schlüsie	4.10	18:24	4:29	20	6:00	218	6:00	19.80	2:01:01	6:06	17	39:54	153	40:00
Loddenke	3.10	14:24	4:38	15	4:03	167	4:04	22.90	2:15:25	5:54	17	43:57	153	44:04
Ilseburg/Markt	3.30	15:01	4:33	12	3:45	97	6:43	26.20	2:30:26	5:44	16	47:42	147	50:47