



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Wittig, Christian

Club: Aerobbis
Number: 110

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:30:47

Speed: 10.35 km/h
Running performance: 5:46 min/km

Rank in course/Total: 159 (of 529)

Rank in course/Men: 151 (of 447)

Best time in course: 1:39:39

Rank in category: 16(of 30)

Best time in the category: 1:39:39

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Loddenke | 3.30 | 18:01 | 5:27 | 16 | 8:24 | 140 | 8:24 | 3.30 | 18:01 | 5:27 | 16 | 8:24 | 140 | 8:24 |
| Schlüsie | 3.10 | 20:18 | 6:32 | 14 | 4:24 | 113 | 6:28 | 6.40 | 38:19 | 5:59 | 15 | 12:10 | 126 | 12:15 |
| Hermannsklippe | 2.60 | 17:45 | 6:49 | 18 | 6:04 | 161 | 6:04 | 9.00 | 56:04 | 6:13 | 15 | 18:14 | 125 | 18:14 |
| Brocken | 3.10 | 27:45 | 8:57 | 14 | 9:30 | 122 | 9:30 | 12.10 | 1:23:49 | 6:55 | 15 | 27:44 | 119 | 27:44 |
| Eiserner Handwe | 3.60 | 17:42 | 4:54 | 13 | 5:12 | 154 | 5:12 | 15.70 | 1:41:31 | 6:27 | 15 | 32:56 | 125 | 32:56 |
| Schlüsie | 4.10 | 16:34 | 4:02 | 11 | 4:08 | 112 | 4:10 | 19.80 | 1:58:05 | 5:57 | 14 | 37:04 | 124 | 37:04 |
| Loddenke | 3.10 | 13:57 | 4:30 | 14 | 3:37 | 136 | 3:37 | 22.90 | 2:12:02 | 5:45 | 14 | 40:41 | 123 | 40:41 |
| Ilseburg/Markt | 3.30 | 18:45 | 5:40 | 24 | 10:27 | 327 | 10:27 | 26.20 | 2:30:47 | 5:45 | 16 | 51:08 | 151 | 51:08 |