



46. Brockenlauf  
Ilseburg / 03.09.2016

Detailed evaluation

Wind, Franz

Club: Hamburg  
Number: 348

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 2:31:24

Speed: 10.30 km/h  
Running performance: 5:47 min/km

Rank in course/Total: 165 (of 529)

Rank in course/Men: 156 (of 447)

Best time in course: 1:39:39

Rank in category: 11(of 58)

Best time in the category: 2:02:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:42	5:21	9	2:37	115	8:05	3.30	17:42	5:21	9	2:37	115	8:05
Schlüsie	3.10	20:42	6:40	8	3:52	134	6:52	6.40	38:24	5:59	8	6:29	127	12:20
Hermannsklippe	2.60	18:28	7:06	19	4:17	212	6:47	9.00	56:52	6:19	9	10:46	138	19:02
Brocken	3.10	27:34	8:53	8	4:50	108	9:19	12.10	1:24:26	6:58	8	15:36	128	28:21
Eiserner Handwe	3.60	17:53	4:58	12	3:02	169	5:23	15.70	1:42:19	6:31	11	18:38	137	33:44
Schlüsie	4.10	19:11	4:40	25	4:59	259	6:47	19.80	2:01:30	6:08	12	23:37	157	40:29
Loddenke	3.10	14:11	4:34	12	2:38	152	3:51	22.90	2:15:41	5:55	12	26:15	157	44:20
Ilseburg/Markt	3.30	15:43	4:45	12	2:39	156	7:25	26.20	2:31:24	5:46	11	28:54	156	51:45