



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Bogdahn, Philipp

Club: Hystem Extranjeros
Number: 379

Course: 26.20 km
26,2 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 2:33:09

Speed: 10.19 km/h
Running performance: 5:51 min/km

Rank in course/Total: 180 (of 529)

Rank in course/Men: 170 (of 447)

Best time in course: 1:39:39

Rank in category: 19(of 36)

Best time in the category: 1:42:44

Intermediate times

Stage score

Total ranking

| Control | Split | | Pos | Behind | Pos | | Total | Total | Total | Pos | Behind | Pos | Behind | |
|-----------------|-------|-------|------|--------|--------|------|-------|-------|---------|------|--------|-------|--------|-------|
| | km | Time | | | min/km | Cat. | | | | | | | | Cat. |
| Loddenke | 3.30 | 19:03 | 5:46 | 17 | 6:49 | 205 | 9:26 | 3.30 | 19:03 | 5:46 | 17 | 6:49 | 205 | 9:26 |
| Schlüsie | 3.10 | 21:32 | 6:56 | 20 | 7:42 | 192 | 7:42 | 6.40 | 40:35 | 6:20 | 19 | 14:31 | 196 | 14:31 |
| Hermannsklippe | 2.60 | 17:12 | 6:36 | 16 | 5:22 | 115 | 5:31 | 9.00 | 57:47 | 6:25 | 17 | 19:53 | 170 | 19:57 |
| Brocken | 3.10 | 28:47 | 9:17 | 16 | 10:29 | 155 | 10:32 | 12.10 | 1:26:34 | 7:09 | 16 | 30:22 | 159 | 30:29 |
| Eiserner Handwe | 3.60 | 18:06 | 5:01 | 18 | 5:35 | 181 | 5:36 | 15.70 | 1:44:40 | 6:40 | 18 | 35:57 | 162 | 36:05 |
| Schlüsie | 4.10 | 17:53 | 4:21 | 19 | 5:29 | 193 | 5:29 | 19.80 | 2:02:33 | 6:11 | 19 | 41:26 | 169 | 41:32 |
| Loddenke | 3.10 | 14:34 | 4:41 | 18 | 4:13 | 188 | 4:14 | 22.90 | 2:17:07 | 5:59 | 20 | 45:39 | 169 | 45:46 |
| Ilseburg/Markt | 3.30 | 16:02 | 4:51 | 19 | 4:46 | 176 | 7:44 | 26.20 | 2:33:09 | 5:50 | 19 | 50:25 | 170 | 53:30 |